

DODGEBALL

RULES

HOW TO PLAY

- GET HIT BY A BALL = YOU'RE OUT
- CATCH A BALL = THROWER IS OUT, ONE OF YOUR PLAYERS COMES BACK IN
- BALL MUST HIT YOU DIRECTLY (NOT AFTER BOUNCING OFF GROUND/WALL)
- HEADSHOTS DON'T COUNT UNLESS YOU'RE DUCKING/DIVING
- STEP OUT OF BOUNDS = YOU'RE OUT

HOW TO WIN

- ELIMINATE ALL OPPONENTS BEFORE 10 MINUTES
- IF TIME RUNS OUT: GOLDEN BALL - SUDDEN DEATH WITH 1 BALL, FIRST HIT WINS

SETUP

- 5 PLAYERS ON COURT PER TEAM
- 10 DODGEBALLS AT CENTER LINE
- 10-MINUTE MAXIMUM PER GAME

KEEP IT FUN

- HONOR SYSTEM ON HITS
- REFEREES MAKE FINAL CALLS
- WHEN IN DOUBT, YOU'RE OUT
- STAY AND CHEER AFTER ELIMINATION - THIS IS A PARTY!